

## THE “AWCIPA” PRAYER

### ADORATION

Psalm 100:4 - *“Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name.”*

Philippians 4:6 - *“Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God.”*

- \* Praise God by listing some of His attributes: loving, patient, just, righteous, powerful, merciful, forgiving, etc.
- \* Think of things you can be thankful for.
- \* Praise Him for working through all things--even unpleasant circumstances (Romans 8:28).

### WAITING

Psalm 27:14 - *“Wait for the LORD; be strong and take heart and wait for the LORD.”*

Psalm 40:1 - *“I waited patiently for the LORD; he turned to me and heard my cry.”*

- \* You might begin by saying, “Now I invite you to speak, Lord, through your Holy Spirit” or “Speak, Lord, for your servant is listening.”
- \* Ask specific questions like: “What’s the next step, Lord, in my walk with you?”
- \* What’s the next step in developing my character? in my family life? in serving You? in my relationships?

### CONFESSION

1 John 1:8-10 - *“If we claim to be without sin, we deceive ourselves and the truth is not in us. If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. If we claim we have not sinned, we make him out to be a liar and his word has no place in our lives.”*

- \* Be honest and specific--God already knows.
- \* You might say something like, “Please forgive me for committing the sin of \_\_\_\_\_. It’s so easy to \_\_\_\_\_. Without even realizing it, I find myself \_\_\_\_\_. I’m sorry. Thank you for forgiving me.”

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### INTERCESSION

2 Timothy 1:3 - *“I thank God, whom I serve . . . as night and day I constantly remember you in my prayers.”*

- \* Plead for other people. Stand in the place of another before God so you can sense God’s love for him or her, his/her needs, and your part in meeting those needs.

### PETITION

Matthew 7:7-8 - *“Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; he who seeks finds; and to him who knocks, the door will be opened.”*

- \* Ask for yourself. Talk to God about your relationship with Him and with others, your needs and desires, and God’s will and direction for your life.

### ADORATION

Ephesians 5:19 - *“. . . Sing and make music in your heart to the Lord, always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ.”*

Acts 16:25 - *“About midnight Paul and Silas were praying and singing hymns to God, and the other prisoners were listening to them.”*

- \* Take a moment to worship Him. Praise Him and thank Him. You might close with a song that expresses adoration.

**A Pattern for Structured Prayer:**  
**AWCIPA**  
(Expanded Version)

(prayer method taken from **Pray!** Magazine, May/June 1998.  
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